



More than 65% opt
for group health
insurance

Move forward with your colleagues towards a Netherlands with greater vitality

Switch to your employer's group health insurance and enjoy a discount
and additional benefits just like your colleagues.



Discover your benefits
by visiting menzis.nl/group



Your employer guarantees good care for you and your colleagues

Your employer believes your health is important and has therefore opted for the group health insurance of Menzis. You and your family members will not only receive a discount on the Basic Insurance, additional insurances and dental insurances, but you will also be encouraged to work on a healthier life together with your colleagues. After all, with your colleagues' help you will take healthy steps faster!

That way we can move together towards a Netherlands with greater vitality.

And that is not all: as an employee you will often also benefit from extra reimbursements and treatments on top of those offered by your additional insurance!

Additional benefits from Menzis and your employer

With the online SamenGezond (HealthyTogether) health programme you will benefit from all kinds of free extras with your group health insurance, such as:

- 3-month subscription to the popular mindfulness app Headspace;
- Online self-help modules to help you stay mentally fit;
- Dietary advice;
- A health check.

Just create an account and start getting fit today!

Did you know you are more likely to take healthy steps faster with your colleagues?

Why you should choose Menzis!

- ✓ Discount and extras with your health insurance.
- ✓ Everyone is welcome: we do not select based on health or age.
- ✓ Do you have to wait long for treatment? Menzis will investigate where you can be seen quicker.
- ✓ Menzis' Vitality Consultant will answer all kinds of questions about health.

Switching is very easy

1. Go to menzis.nl/group.
2. Select your group insurance policy and discover your discount and extras.
3. Select your insurance and take it out.

Done! You do not need to do anything else. Menzis will cancel your current insurance.

Go to menzis.nl/group and switch before 1 January.



Would you prefer personalised advice?
Call the Switching Coach on +31 (0)88 222 49 00.

